

SEWING 101: FELT FOOD

PROJECT CHECKLIST

Practice sewing materials:

- ☐ 4 pieces of 6"x4" felt (different colors)
- ☐ embroidery thread (contrast color with felt)
- ☐ scissors
- ☐ sewing needle

1 **Step 1:** Sewing 101 set-up

- ☐ Print this checklist & the sewing practice pages
- ☐ Gather your practice sewing materials

2 **Step 2:** Learn about fibers

- ☐ Watch "Fiber to Fabric" video

3 **Step 3:** Learn how to sew

- ☐ Watch "Sewing 101" video
- ☐ Complete both printed sewing practice pages
- ☐ Complete 1 running stitch & 1 whip stitch practice on felt

4 **Step 4:** Felt food project set up

- ☐ Watch the project intro slideshow
- ☐ Print (or draw) your food reference image
- ☐ Gather your felt food project supplies

Felt food project materials:

- ☐ felt (sizes & colors to match your food design)
- ☐ embroidery thread (colors to match your felt)
- ☐ scissors
- ☐ sewing needle
- ☐ glue
- ☐ acrylic paint (colors for your food design details)
- ☐ palette
- ☐ detail paint brushes
- ☐ stuffing

5 **Step 5:** Make your felt food

- ☐ Cut all your felt pieces
- ☐ Sew felt details onto front felt piece
- ☐ Draw details/text to paint onto the front
- ☐ Paint all your details & let dry
- ☐ Sew your front and back felt pieces together
- ☐ Fill it with stuffing & complete the edge sewing

Enjoy your handmade felt food plushie!